

405 MAIN STREET, PORT COLBORNE 905-834-6683

Officer demoted  
Page 23

22 CLARENCE ST. PORT COLBORNE

MONDAY 9-4 SATURDAY 9-5 SUNDAY 10-3 | 989.836.8154

## SERVING PORT COLBORNE • WAINEFLEET • SHERKSTON • LOWBANKS • ISSUE NO. 44 VOLUME 17

For news updated daily see [www.inportnews.ca](http://www.inportnews.ca)

■ **HEALTH CARE:** NHS supervisor says clinical data more important than politics

**RAY SPITERI**  
OMI Agency Niagara

It doesn't make financial or medical sense to build a new south Niagara hospital and keep existing sites open in Niagara Falls, Niagara-on-the-Lake, Fort Erie, Welland and Port Colborne, says Niagara Health System supervisor Kevin Smith.

Smith was reacting to comments made by both NDP Leader Andrea Horwath and Welland NDP MPP Cindy Forster earlier this week.

See Hospital Page 2



**JULIE JOCSAK/OMI AGENCY NIAGAR**

Niagara Health System supervisor Kevin Smith says he's more focused on providing good, clinical advice than on the politics that usually surrounds health-care issues.



**Penny Bagu**  
*Sales Representative*  
**DIRECT: 289-821-1196**  
**OFFICE 905-834-9000**

**ROYAL LEPAGE**  
 Niagara Real Estate Centre  
 1000 Lakeshore Boulevard, Suite 1000  
 Niagara Falls, Ontario L7S 1A5

\*All Rights Reserved. Reproduction in whole or in part without permission is prohibited.



**NEW LISTING**

**\$179,900**

**86 ADELAIDE ST., PORT COLBORNE**

Charming and well maintained Triplex close to downtown, canal and park. Updated kitchen and bath, wiring and plumbing. Upper 3 beds - \$725.00 plus heat & hydro, Lower front/bdrm - \$450.00 bills in, Lower back - 1 bdrm - \$575.00 bills in. Plenty of parking and access to harbour, from Jersey.



**\$189,900**

**126 ALEXANDRA ST., PORT COLBORNE**  
Great family home close to the park and downtown. 3 bedrooms, 1 1/2 baths, 2nd floor laundry, 1 1/2 car garage with lift. Numerous updates which include kitchen, bathrooms, roof 10 yrs old, furnace, mostly newer windows, roof c/d, gutters to BBQ. Includes all appliances. Character home in a sought after area, close to schools and S.I.U. Kroll work.



**\$325,000**

**564 RIVER RD., FORTMILL**

Paradise! 3 bed, large, on 1/2 acre! Great view over your own dock. Watch the boats from your home deck or 2 porches. Kettle hot water, new two level deck w/ 61 sq ft living, two more porches, 20 x 12 workshop, 12 x 12 shed, 20 x 12 carport. 2000's - still \$100,000, great floor & granite, patio, close to lake, 20 1/2 ponds & private water. 220 Vaportekle heater, national water & gas, water softener, ceramic counter. Walk out three lower level which has net room, woodwork, and kitchen. Bedroom. You won't be disappointed. See owner first. Live your dream. Call Bob Lewis and show me.



**OPEN HOUSE SUN 2-4 PM**

**\$499,000**

**1217 AUGUSTA RD., WAUMFLY**  
 Which the Surata from this newly renovated lakefront home on Augusta Beach. 5 + 1 bedrooms, 2 baths, new kitchen with breakfast bar, bedrooms, windows. Original hardwood floors. 1852 sq ft view of the lake from open concept kitchen living room, sunroom and master bedroom with ensuite. You won't want to miss this one. Heating costs approx. \$1000.00 monthly. Call 616-233-1111.

# LOCAL NEWS

## HOSPITAL

# Critics say chosen site not part of south Niagara

From Page 1

On Tuesday, Horwath said she supports the idea of a new hospital in Niagara Falls, but doesn't believe in the idea of cannibalizing or gobbling up all of the other health-care services in surrounding communities to put it in place.

"Building a new hospital in Niagara Falls shouldn't mean pitting one municipality against another, and for New Democrats it won't mean closing other hospitals in the

area," said Horwath.

Forster said she supports the idea of a new hospital in the Falls, but only if there's still a hospital to serve south Niagara residents.

"That isn't supporting it, I'm afraid," said Smith, a politically-appointed supervisor, noting his recommendation last year was to replace those five sites with a full-service hospital at the corner of Lyons Creek and Montrose Rds. "I respect every issue has political theatre and the political

decision-making process ultimately prevails. But my job is to offer solutions that make good, clinical sense, that are affordable and sustainable.

"No city or region in the province would have that many hospitals for that population density. The critical mass doesn't make it viable. You would be duplicating your expenses over and over."

Smith said his plan, which is being reviewed by Health Minister Deb Matthews, calls for a

full-service south Niagara hospital to complement the new one in St. Catharines. There would be "appropriate, community-based services and after-hours care" in municipalities that will see their hospitals close, along with family-health teams and urgent-care centres.

Smith said it would cost more money to continue operating those five sites than it would be to build a new, state-of-the-art hospital for south Niagara.

Critics, particularly in Welland, believe the location chosen on donated land on the outskirts of Niagara Falls is not truly in the southern tier. Smith said he recommended that general area of the city after consulting geographic and demographic expert planners, medical officials and Niagara politicians.

He said areas around the hospital are choosing to consolidate major health-care services around critical mass and where new and graduating

doctors and surgeons would want to work.

"It's important to remember there isn't a full-service hospital in Port Erie and Port Colborne now (they have urgent-care centres)," he said.

"We've already consolidated obstetrics and it's working well. We have to make sure that fact and education outstrips emotional and a historical desire to keep things the way they were."

ray.spiteri@sunmedia.ca

## PUBLIC SAFETY: Tree that fell on car, killing Port Colborne woman, was on private property

# Arborists watching for problem trees

DAVE JOHNSON  
iNPort News Staff

PORT COLBORNE — A tree that fell on Andrea Stewart's car nearly three weeks ago, killing her, was on private property, Mayor Vance Badawey says.

Badawey said city crews checked the area after the incident and determined it was not on city property.

"However, I asked staff to have a surveyor to conduct a survey of the property to be sure that was the case," the mayor said.

Stewart, 56, was killed when the large tree fell on the car she was driving on Fielden Ave. between Kent and Alexandra Sts. The incident took place during a wind storm that swept through Niagara. Port Colborne saw peak wind speeds of 106 km/h that day.

"Whether it was public or private, we have been, and continue to be, very proactive when it comes to trees in the city," the mayor said.

In the past 25 years, numerous trees have been taken down across the city, Badawey said.

"Look at Elm St. or King St., they used to be lined with trees."

While the city does not have a forestry division, it works with an arborist to look at which trees should be trimmed to keep them off hydro lines or which trees need to be taken down due to being diseased.

Under Port Colborne's prop-

erty standards bylaw, the city can go onto private property to remove a diseased or dead tree, if it proves to be a risk to a neighbouring home or city property, Badawey said.

With the incident two weeks ago, he said residents are more aware of their surroundings.

In Welland, forestry department foreman Aurelio Magazzini said residents can call the city about trees they're concerned with.

"Once the information is taken down, it will come across his desk."

"I've been here 28 years now, I know the trees and know the areas where there could be problems," Magazzini said.

"If a tree is a hazard, it's removed right away."

Welland has four arborists on staff who do urban forest work daily, Magazzini said if they see something dangerous, they'll remove it right away.

The city sits on a clay base, and with the recent rain the grounds is soft, he said, which could be an issue. Strong winds could knock over a tree from the loose soil.

And it's not just dead trees that fall in storms. Magazzini has seen dead trees still standing while healthy trees were blown over.

dave.johnson@sunmedia.ca  
Twitter: @DaveJTheBabe



Andrea Stewart, 56-year-old, died three weeks ago when a large tree fell onto her car on Fielden Ave. in Port Colborne. Mayor Vance Badawey said the tree was on private property, but the city was checking to make sure.

SARAH FERGUSON STAFF PHOTO

# LOCAL NEWS

■ **CHRISTMAS:** Seven homes will be decked out for the holidays

## House tour held as a fundraiser

**DAVE JOHNSON**  
InPort News Staff

**PORT COLBORNE** — Even though Christmas is still more than a month away, people taking part in an annual house tour will have a sneak peek into homes already decorated for the holiday season.

Rev. Robert Hurkmans of St. James and St. Brendan Anglican Church said the sixth annual Port Colborne Winter Celebration Holiday House Tour takes place on Saturday, Nov. 23, from 11 a.m. to 4 p.m. at seven locations in the city.

"We usually have six homes in the tour," he said, adding the locations won't be released until the day of the tour.

Hurkmans said the house tour supports youth and outreach programs, Maker's Market, Out of the Cold, cinema

night and other programs at the Guild Hall.

"It's a busy place."

As for how homes are selected for the tour, Hurkmans said there is a committee at the Charlotte St. church that approaches homeowners.

"We usually get three answers: no, not this year, and yes."

Hurkmans said committee members remember those who said "not this year" and will go back to them.

"We come back," he said with a laugh.

All of the homes will be decorated for Christmas and Hurkmans said it inspires people to think about how they can decorate their own homes and gets them in the festive mood.

Volunteers will be inside

home each as visitors arrive, he said, adding the day could not go off without help from community sponsors.

Tickets can be purchased in advance at the church and Something Else. The Guild Hall is the starting location and where tickets can be purchased the day of the tour.

**DAVE JOHNSON/QUI AGENCY NIAGARA**

From left, Rev. Robert Hurkmans, Pat Davis, Mary Lawson, Nancy Rivers and Jim Lawson hold posters for St. James and St. Brendan Anglican Church's sixth annual Port Colborne Winter Celebration Holiday House Tour. The tour takes place on Saturday, Nov. 23, 2013 from 11 a.m. to 4 p.m. at seven locations in Port Colborne, Ont.



■ **POLITICS**

## Regional cultural grant proposal sent back

**DON FRASER**  
QM Agency Niagara

A proposed Niagara Region arts fund has been sent back to a regional culture committee to be fleshed out.

The staff report, received at the region's integrated community planning committee, recommended \$500,000 be included in 2014 budget deliberations for a Niagara Cultural Investment Program.

The committee asked for more program details, after moving to halve that suggested amount to \$250,000.

Any decision is deferred until the culture committee's "formulation on what the program would look like," said integrated community planning commissioner Patrick Robson in an interview.

"They want the committee to give advice on details and success measures in the program,"

Robson said.

The report's recommendation flows from Niagara Culture Plan consultations, where it became clear funds were needed to further support regional cultural programming and organizations.

It was prompted by Niagara Region council's request that staff develop a cultural investment program to be considered in the budget.

The resulting report gives an

economic case for more cultural investment, citing the 13,000 full-time equivalent jobs that generate \$396 million in labour income alone.

It says while Niagara's other municipalities also invest in culture, much of the financial support for programming by non-profit cultural groups is done for specific, one-time purposes.

The proposed program offers project-based funding for non-profit cultural organizations and

local municipalities to offer cultural activities and events, and also considers festivals.

It would provide ongoing annual funding, to create stability, and complement but not duplicate other programs.

It's suggested the plan include possibilities for regional-wide investment, partnerships and shared costs, and funding based on clear measures and performance indicators.

"It now remains an unde-

cided matter," said Robson. "And as far as any program amount, it's undecided — but when the resolution comes back to (committee), the number \$250,000 will still be in it, for their consideration."

It's also not clear if discussion on the program will be revisited before this year's budget process is complete.

donfraser@sunmedia.ca  
Twitter @don\_standard

**16 Lincoln St. Welland**



**WellandHonda**

**www.hondawelland.ca**  
**905.735.7151**

The Honda Model  
**CLEAROUT 2013**

**Plus  
Get  
\$500  
Honda  
Dollars\***

**FINANCING  
FROM**



**0.99% OR  
\$1500 CASH BACK**

**LAST CHANCE!  
ONLY 11 2013 CIVICS  
REMAINING**

**TALKING  
DEALS  
THIS BIG**



**Civic = The best selling Car in Canada for  
15 years running.\*\***



# INPORT NEWS

Published by InPort News  
Sun Media Corp.

228 East Main Street, Welland, Ontario, L3B 5P5

Tel: 905-732-2414 Fax: 905-732-3660

inport.news@sunmedia.ca

John Tobon, publisher, print & digital  
Dave Johnson, InPort News senior reporter

**SUN MEDIA**  
A Quebecor Media Company

## ■ ourview

### Leaders need to be clearer on hospital

There could be a hospital on every street corner in Niagara as Andreas Horwath or Tim Hudak were to become premier of Ontario.

Both Horwath, the leader of Ontario's New Democratic Party, and Progressive Conservative Leader Tim Hudak pledged their pre-election support for a south Niagara hospital but have offered little explanation about how they would pay for a facility the Liberal government says it can't afford.

Both have been buzzing around Niagara, staging photo ops in front of Greater Niagara General Hospital, running ads and speed-dialing reporters. Their sudden interest has to do with the coming by-election to replace former Liberal MPP Kim Craitor who resigned as the area's provincial legislator in September.

Clearly, the question about whether a new hospital should be built on Montrose Rd. to serve Niagara's southern communities like Port Colborne, Wainfleet, Niagara Falls, Welland and Fort Erie is going to be an issue that separates the political parties.

The Liberal government has been sold to the idea of building another Niagara hospital so soon after spending \$1 billion on the new St. Catharines General Hospital.

Let's hope Hudak and Horwath aren't just saying what they think people want to hear. But both have been short on specifics — like how much it will cost and where they'll get the cash to build it.

Horwath has also suggested she would keep the community hospitals like Fort Erie's Douglas Memorial and Welland County sites open, even after building a new hospital in Niagara Falls.

That's not how it worked in St. Catharines. The new hospital replaced the aging St. Catharines General with a modern facility. The old one was closed when the new one opened.

Horwath, however, pledged to build a new hospital in Niagara Falls but kept the existing hospitals open — serving the community in some unspecified capacity.

It sounds like Horwath is trying to have her cake and eat it too. She wants to win votes in Niagara Falls, promising a new south Niagara hospital. But she wants to hold onto the Welland riding now held by New Democrat Cindy Fiala.

In the lead-up to the Niagara Falls by-election, there's lots of posturing on Niagara's hospital file. Nothing wrong with that, but Niagara's need Hudak, Horwath and Liberal Premier Kathleen Wynne to be clear about the costs of building a new hospital, where that money will come from, and their plans for the old hospitals.

—Cory Larocque

# I've been thinking about God's grace

REV. DR. STEVEN DAVIS  
Central United Church

As of November 21 I turn 50 years old. That's an intriguing birthday. Half a century. It's not particularly odd, but then again ... Well, maybe it explains why I prefer to think of myself as two 25s rather than as 50. But it is one of those milestone birthdays that pretty much force us to take stock of our lives. Have things worked out the way we wanted them to? Do we have regrets? Are there things we would have done differently if we had been given the chance?

In one sense I suppose that the answer to those questions is always "yes." Who among us can look back at the whole scope of our lives and actually say that everything has been perfect. That we've never slipped up, hurt anyone, made a bad choice. We've all done that. Christians do those things as much as anyone. A long time ago Paul wrote that "I do not understand what I do. For what I want to do I do not do, but what I hate I do." Some people look at some of the situations we Christians get ourselves into and they immediately say "hypocrite." Well, only if we hold others to a different standard than we hold ourselves to. I personally understand fully what Paul was talking about. Is there any-

one among us who hasn't at times from time to time ignored the little voice of conscience in our heads and gone ahead and — in Paul's words — done the thing we do not want to do? Probably not. If anyone reading this can say that, then — well — you're a better person than I am.

Thinking about this reminds me, of course, of the wonders of God's grace. "Grace" of course is a free gift. It is that which is given without condition, simply out of the generosity of the giver. In the case of grace, the giver is God. I've noticed over the years that there are so many people who want to put limits on the grace of God. To many it becomes conditional on this or that: good works, belief, or any number of things. But to put a condition on grace is to deny grace. Grace has no conditions. It is just grace. God extends his grace to us, as is in God's power to do it. It's not even in our power to accept or reject it. Grace is simply ours because God has given it to us. I've sometimes likened God's gift of grace to a person who anonymously gives a hundred dollars into my mailbox in the middle of the night. Once I find it, it's mine to do with as I please. I have many options. I can use it selfishly, for my own purposes. I can use it generously to help others; I can simply hide it away somewhere and never touch it; I can

turn it over to the police. But what I can't do is give it back to the person who's given it to me. It's the same with the grace God bestows on each of us. We can't reject it or give it back, because it's been given to us. All you do is use it — for good or not. And sometimes, we'll all choose the "not." As Paul said, "what I want to do I do not do, but what I hate I do." As to the consequences for using God's grace unwisely? They, of course, are for God to decide.

Our responsibility and our privilege is simply to proclaim the existence of grace, given to the world in the form of Jesus Christ. We do that not only (and perhaps not even primarily) in words, but also in how we relate to others. We do not judge or condemn anyone. We simply proclaim God's grace and we live the love of Jesus.

My 50 years haven't been perfect. But they also haven't been a waste of time. I've had the chance to learn a lot about the grace of God in that half century, and I still have a lot to learn about it. I'm hoping that as I take some time to reflect and be thankful for the grace of God given to us all — because, truly, none of us are perfect, and all of us sometimes do those things we know we should not do and we fall to do the things we know we should do. But God grants us a new start. Always.

## ■ readers'views

### Explaining Mayor Rob Ford to the children

"Mommy! Mommy! Mr. Ford is on TV again and now he says he may accidentally murdered somebody and buried the body under his desk at city hall and he's really, really sorry."

"Oh, no honey. That's just a comedian with 14 pillows under his shirt."

"So the mayor is not a murderer?"

"No honey. But it's early in the week."

"So the mayor is still just a drunken crack head who lies and cheats and can't spell nasty names?"

"That's right, honey. And because we live in Etobicoke, we respect him for that."

"Ford Nation, right?"

"Ford Nation forever, darling. Remember to tell your friends at school — it's all a big conspiracy, the cops are out to get him and the chief of police should be investigating Justin Trudeau or Margaret Atwood or Santa Claus. Yeah, Santa. Were you happy with your gifts last year?"

"No, cause everything had Ford Nation printed on it."

"So?"



**WILLIAM THOMAS**  
HUMOUR

"My tattoo is still itchy."  
"Don't be cheeky."  
"So how did Mr. Ford get to be mayor, Mommy?"

"Well, we voted for him to go to city hall and clean up all the corruption and kickbacks and stuff."

"Did it work?"

"Well, actually there wasn't any of that going on so then he stood up for us in the 'war against the car' and ..."

"Did it work?"

"Well, actually there was no war and now's the Mr. Subway, but ..."

"Didn't he do anything as mayor?"

"Yes of course he did. He ripped up a bicycle lane so that a bunch of downtown, left-wing pinkos would have to walk to work."

"How'd that work?"

"Well, it cost almost \$300,000 to

remove the lane and ..."

"And what?"

"Almost \$59,000 to build it."

"That's it. That's all he's done!"

"No of course not. He started 'Cut the Waste' weight-loss program so all of us could eat healthier and lose ..."

"And then he quit and got even fatter cause he always eats KFC."

"And he phones us back personally and he stands up for us and he's depleting the supply of drugs on the street and most important ... he refuses to raise taxes."

"Oh."

"That's what it's all about. Never, ever raising taxes in the city of Toronto ever, ever, ever again."

"But my teacher says if we paid a little more taxes we could open the school pool and plaster wouldn't be falling on our heads all the time."

"Your teacher probably listens to CBC Radio and reads the Toronto Star. What has Mommy told you about listening to those left-wing pinkos and kooks?"

See Mayor Page 5

**GENERAL NOTICE:** The contents of this newspaper are protected by copyright and may be used only for personal, non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright.  
For further information, contact Dave Johnson.

**LETTERS TO THE EDITOR:** Copyright in letters and other material submitted to the publisher and accepted for publication remains with the author, but the publisher and its licensees may freely reproduce them in print, electronic or other form.



## MAYOR

# So how did Mr. Rob Ford get to be mayor

From Page 4

But you said Mr. Ford never used drugs and now he says he did! Isn't that bad?"

"Well, no. It's not bad because he doesn't remember doing drugs."

"Why not?"

"Because he was completely falling down drunk at the time."

"But isn't that bad, too?"

"Well it's not as bad as hardcore drug use. Understand?"

"I think so. Like the time Uncle Jerry got caught naked in the back of K-Mart with a mannequin but he said it was OK because he had amnesia?"

"Exactly. These are health issues that require our sympathy."

"But Mommy, what if Mr. Ford has to go to prison?"

"Well, it won't be the worst thing in the world. He does have a lot of friends there."

"But who would Ford Nation

replace him with?"

"Oh honey, I didn't want to spoil the surprise of your Christmas gift but ... what do you think about this sweatshirt? It's pink, your favourite colour."

"Cherry Nation?"

"That's right, Don Cherry is a nice man, he'd be a good mayor and he won't raise taxes."

"But Mommy, that guy's crazy. All he does is stick up for violence and he says nasty things about people and the way he dresses hurts my eyes."

"But he won't raise taxes."

"Oh."

"And another thing."

"What?"

"We need to have that tattoo scraped off your arm and ..."

"No. I'm not getting a 'Love Don Cherry Tattoo.' No way, Mom."

www.iamthomasca

## CRIME: 24-year-old Niagara Falls woman wanted for arrest in case of purse thefts

# Police hunt for coat scam suspect

MARYANNE FIRTH  
InPort News Staff

WELLAND — Police have issued a warrant for the arrest of the woman allegedly involved in a coat scam that has bilked shoppers out of money across Niagara.

Niagara Regional Police said the 24-year-old Niagara Falls resident has run the scam this month at several large department stores in Welland, Niagara Falls and St. Catharines.

Micheline, a 67-year-old Welland woman who asked that her last name not be used, was shopping at the Welland Walmart recently when she was approached by a young woman who had three coats in hand.

The stranger said she was looking to buy her mother a jacket, that Micheline was about her size and asked her to try the coats on.

As Micheline hesitantly agreed,

the unworn coats were draped by the stranger over her shopping cart, as well as her purse, which was sitting in the front of the buggy.

The coats were too big, so the stranger said she'd be right back with a smaller size and plucked the garments from the cart.

Discovering her purse was missing, Micheline left to get security and when she returned to her cart her purse and the young woman were back.

Cash from Micheline's wallet, however, had since disappeared.

Micheline confronted the woman, who denied the allegations and left the store.

Surveillance footage later showed the theft had occurred.

Niagara Regional Police spokesperson Const. Derek Watson said the woman ran the scam several times between Nov. 3 and Nov. 10 at different Niagara department stores.

During that time, she also attempted to purchase gift cards with a stolen credit card, he said.

Alexandra Holditch, 24, is sought by Niagara Regional Police.

Her last known address is in the Lundy's Lane area of Niagara Falls, but her whereabouts are unknown, said Watson.

She is described as 5-foot-6, 120 lbs. with long brown hair.

Holditch is charged with three counts of theft under \$5,000, one count of fraud under \$5,000, and two counts of possession of property obtained by crime.

Anyone with information Holditch's whereabouts is asked to call Det. Const. Carrin Canale or Det. Const. Karl Hildes 905-735-7811 ext. 2200

maryanne.firth@summedia.ca

Twitter: @mfrithInPort



LIKE US ON  
FACEBOOK

facebook.com/InPortNews

## Insurance is a Relationship Based on Trust!

Get a  
**QUOTE** for a  
chance to **WIN**  
a Mac Air Laptop  
**OR** a \$1500  
Gas Card!!



Sandy White

Call Today for a  
**FREE Quote and Compare!**



**WHITES'**  
INSURANCE BROKERS  
905-834-3228

45 Clarence St. W., Port Colborne • www.whitesinsurance.ca  
Auto • Home • Business • Marine • Life • Bonds

# MURDOCH'S

Celebrating 54 Years as Tire & Mechanical Experts

**HERCULES** **SAVE \$40 ON A SET OF 4**

ECONOMY VALUE MRX PLUS ALL SEASON	PREMIUM TOURING ROAD TOUR 655 ALL SEASON	POLAR TRAX SNOW & ICE Extreme Traction	TERRA TRAC AT LIGHT TRUCK PREMIUM
REGULAR PRICE \$64.00 <b>SPECIAL</b> <b>\$216</b> <small>per set of 4</small>	REGULAR PRICE \$84.00 <b>SPECIAL</b> <b>\$296</b> <small>per set of 4</small>	REGULAR PRICE \$74 <b>SPECIAL</b> <b>\$256</b> <small>per set of 4</small>	REGULAR PRICE \$134.00 <b>SPECIAL</b> <b>\$496</b> <small>per set of 4</small>
P175/70R13	P185/70R14	P195/60R15	P215/75R15

**TIRE SALE - NOW ON - FREE INSTALLATION AND BALANCING**

<b>FRONT END ALIGNMENTS</b> <b>\$49</b>	<b>NITROGEN TIRE FILLING</b> <b>\$39.95</b>	<p>Sale Expires: December 21, 2013</p> <p><b>Murdoch's</b></p> <p>ONE STOP TIRE &amp; AUTOMOTIVE • PROFESSIONALS FOR 54 YEARS •</p> <p>265 Killaly Street W., Port Colborne • 905-835-8832</p>	<p><b>15% OFF</b></p> <p>ON BRAKE PARTS &amp; LABOUR</p>	<p><b>LUBE OIL &amp; FILTER</b></p> <p><b>\$29.95</b></p>
--	--	--	--	---



# ALONG THE LAKESHORE

## NOVEMBER 21

### 434 WING AIRFORCE

Association holds its general meeting at Royal Canadian Legion Branch 613, Hwy. 20, Fonthill, at 2 p.m. Guest speaker is Belinda

Wilson of Fenlon Falls, RCL Branch 238. A PowerPoint presentation will be given on the Pilgrim's Watch of World War sites that took place this summer. All welcome; refreshments served.

## MAKERS' MARKET

Christmas shopping event, 2 p.m. to 8 p.m., at Guild Hall, 77 Charlotte St., Port Colborne. Quality items all handmade by local artisans. Many vendors.

## NOVEMBER 23

### BUKEBOX SATURDAY NIGHT

Part 2 '50s and '60s dance presented by Kiwanis Club of Welland, with DJ Bill Nagy. Starts 7:30 p.m. at Casa Dante, 34 Lincoln St. W. Cost \$15 a person (includes pizza, snacks and prizes) Casual dress. For ticket information call Pauline at 905-735-1188.

### ITALIAN CHRISTMAS DINNER

at St. Andrew's Presbyterian Church, 29 Bald St. Adults \$12 or reserve a group of four adults for \$40; youth (12 and under) \$6. For tickets or reservations call 905-732-7543. Please bring a donation for Open Arms Mission.

### WESLEY'S FOOD FAIR

at Wesley United Church, 244 First Ave., Welland, 8:30 a.m. to noon. It features a cookie walk, doll and bake table, Christmas crafts, jams and jellies, silent auction and crafts, and breakfast café.

### PATSY CLINE CHRISTMAS

with Amberley Beatty and The Sweet Dreams, at Welland Community Wellness Complex, 145 Lincoln St., 7 p.m. Tickets available at the wellness centre, Country Kettle Store and Grill Restaurant in Port Colborne, Semenuk's Esso, C&C Arts at Fairview Mall or by calling 905-325-5704.

### WINTER CELEBRATION

House Tour, 11 a.m. to 4 p.m. at the Guild Hall, 72 Charlotte St., Port Colborne. The day's events include

seven locations to visit, craft market, silent auction, lunch and much more. For tickets call 905-834-3184.

### BRUNCH AND BAZAAR

at the Port Colborne Baptist Church, 84 Ridgewood Ave., 10 a.m. to 1 p.m. Baked goods and Christmas shop. Brunch tickets are \$5 at the door.

### PROGRESSIVE EUCHRE

at Fonthill Lions Hall, Hwy. 20, 7 p.m. Prizes, light food, cash bar, \$5.

## NOVEMBER 24

### DISTINGUISHED SPEAKER

Night: A social justice activist of international renown is guest for this year's Distinguished Speaker Night at St. Kevin's church, Welland. Fr. Bill Ryan is a Jesuit priest and has a PhD in economics from Harvard University. He is special adviser to the Jesuit Forum for Social Faith and Justice based in Toronto. The theme of his address is: Living with Limits, Living Well. Hints for Neighbours on an Endangered Planet. In its 16th year, Distinguished Speaker Night is a fall tradition at St. Kevin's. It begins with 5 p.m. mass, followed by a potluck supper at 6:15 p.m. in the parish hall followed by the speaker's address at 7:15 p.m. People attending the potluck are asked to bring a dish of their choosing (salad, main course, dessert, etc.) and their own place settings. Coffee, tea, and juice are provided. For more info, call 905-735-3562.

Continued on Page 7

**SAN JOSE SHARKS**  
VS.  
**TORONTO MAPLE LEAFS**  
TUESDAY, DECEMBER 3, 2013  
@7:00PM AT THE ACC



## Subscribe and Win TWO SUITE TICKETS

Purchase a brand new home delivery subscription, OR renew your current subscription to the **WELLAND TRIBUNE** on a **26 week term for only \$84\*** and your name will be entered into a draw to **WIN TWO TICKETS** to Sun Media's corporate box! Tickets include food and beverage.

Approximate value of  
prize is \$1000.00!

Call 1-855-533-5594 now!  
Quote "NHL" to subscribe and  
be entered to WIN!

\* Taxes included. This is a non-refundable, prepaid offer by credit card only. Current subscribers must submit a payment of \$84 by credit card (which will extend their subscription by 26 weeks) to be entered to win. Offer expires NOV 25th, 2013.

## WANT YOUR NON-PROFIT EVENT INCLUDED?

### SEND US YOUR INFO

When submitting listings by e-mail, please use only  
wtrb.datebook@sunmedia.ca.  
Please do not send attachments.  
Full listings online under Life



Mark Quilley, Agent  
220 Main Street West  
Port Colborne, ON L3K 3V4  
Bus: 905-835-0521  
Toll Free: 866-748-7062  
www.markquilley.ca

**With life insurance,  
the benefits live on.**

There are also benefits now.

I'll show you how life insurance can come in handy for more immediate family needs, like post-secondary education.

GET TO A BETTER STATE.\*

CALL ME TODAY.

**State Farm®**

1209076CM.1

State Farm International Life Insurance Company, Aurora, Ontario

**CHRISTMAS BAZAAR**

and luncheon presented by St. Therese Parish Hall, Bell and Fares Sis., Port Colborne, 10 a.m. to 2 p.m. Lunch served noon to 1 p.m.; pasta and meatballs or sausage and cabbage rolls. Dinners \$8. For pre-orders, call Nancy at 905-835-8057, Jessie at 905-834-9772 or Paula at 905-894-9717.

**NOVEMBER 25****Pelham Horticultural**

Society annual general meeting and potluck dinner at the Forthill library. We will be celebrating our 85th anniversary. Installation of officers after supper. No December meeting.

**NOVEMBER 26****PASTA TAKEOUT AT ST. KEVIN**

Pasta dinner (four meatballs, pasta, bun and salad) \$10; dozen meatballs \$10; 32 oz. sauce \$5.

**CHRISTMAS MALL SHOPPE**

and bake sale, noon to 3 p.m. Niagara Women's Connection, a non-denominational Christian women's club invites you. This month we're featuring a Christmas craft and bake sale. Including a silent auction. Tina Wedelich will present an inspirational message called "The Perfect Present." Coffee, tea and treats will be served in addition to lunch for \$10. Babysitting is provided free of charge. This month's event is at Kirk on the Hill, 1344 Haist St., Pelham. For reservations call Margaret Quenele at 905-788-9641 or e-mail her at mrs.gq@live.ca.

**NOVEMBER 27****TH&B RAILWAY HISTORY**

presented at 7 p.m. at Dunnville Public Library, 317 Chestnut St. Pictures and artifacts. Presented by TH&B historian and author John Spring. Sponsored by the Dunnville District Heritage Association. Admission is free but space is limited. Come early.

**NOVEMBER 28****FRENCH WOMEN'S**

entrepreneurship eight-week class starts. Learn to start your own business.

Classes at Welland Heritage Council and Multicultural Centre, Monday to Friday, 9 a.m. to 2:30 p.m. Child care available. Contact Lori for more information, at [webster@wellandheritagecouncil.com](mailto:webster@wellandheritagecouncil.com) or 905-732-5337 ext. 128.

**NOVEMBER 29****YARN EXCHANGE**

Bring a minimum of a full ball to trade at Pelham Public Library. Everyone welcome. Bring your handiwork and stay a while, 1 p.m. to 3 p.m. Free.

**CHRISTMAS BAZAAR**

hosted by Royal Canadian Legion Branch 56 Ladies Auxiliary, Port Colborne, 9 a.m. to 3 p.m. Crafters, penny sale, bake table, draws, white elephant table. Lunch available.

**NOVEMBER 30****CHRISTMAS TEA**

bake sale, penny sale, draw and draws at All Saints Anglican Church, 80 Forks Rd., Welland, 10 a.m. to 1 p.m. Free admission.

Continued on Page 8

# Port WORKS!

HAVE YOU BEEN LAID OFF?  
ARE YOU UNEMPLOYED?

Ask us about

## SECOND CAREER

FUNDING TO HELP YOU GET RE-TRAINED

**EMPLOYMENT SERVICES**

92 Charlotte St., Port Colborne

905-834-3629



This Employment Ontario service is funded in part by the Government of Canada.



a holiday shopping experience

FREE PARKING

Christmas  
BY THE FALLS

DECEMBER 7th & 8th

Scotiabank Convention Centre  
6815 Stanley Avenue, Niagara Falls

Formerly *By The Falls*

\$5 Admission  
Kids under 10 - FREE



Rotary Club of  
Niagara Falls Sunrise

[christmasbythefalls@gmail.com](mailto:christmasbythefalls@gmail.com)  
[christmasbythefalls.com](http://christmasbythefalls.com)

# DID YOU KNOW....

that some households on the Affordable Housing Waitlist in Niagara will wait up to 11 years to be housed?

See [www.nrh.ca](http://www.nrh.ca) for more information

NATIONAL HOUSING DAY NOVEMBER 22



Niagara Region

## DECEMBER 2

## NIAGARA BEEKEEPERS

Association meets at the Niagara Regional Police Service community room, 5 Lincoln St., Welland, starts at 7 p.m.

## ONGOING

## CHRISTMAS AT ROSELAWN

Snowflakes & Musical Notes, runs Sundays in December, featuring: The Toronto All-Star Big Band (Dec. 1); Street Haven Women's Choir and

North 44\* Ensemble of the Toronto Choral Society (Dec. 8); Twilight Jazz Ensemble featuring Juliet Dunn and Peter Shea (Dec. 15). Advance tickets: \$25 adults, \$12.50 youth (15 and under) \$30 at the door – HST (13%) and box office fees (\$2 per ticket and \$1 capital

improvement charge) are extra.

Box office hours: Monday to Friday 9 a.m. to 4:30 p.m. Open one hour before each performance. Call: 905-834-7572 or e-mail: boxoffice@portcolborne.ca

## SOUP'S ON!

tickets on sale for the annual fundraiser for St. Kevin School Justice Scholarship fund. The menu offers nine soups: spicy carrot, ginger and coconut (Blessed Trinity High School); chicken wing and French vegetable pistou soups (Eastdale Secondary); Vietnamese pho (beef and noodle) and red lentil soups (Confederation); carrot with bacon, sage and cream cheese (Notre Dame College School); corn and pepper chowder with barbecued chicken and Scottish leek and potato soups (Niagara College Canadian Food and Wine Institute) and chocolate chili

(Lakeshore Catholic). Tickets are available at St. Kevin's parish office Monday through Friday, before and after weekend Masses; or call ticket convener Mimi Gibbons, 905-734-6486. Tickets are \$10 each, seatings are 11 a.m., noon and 1 p.m. and date of the event is Friday, Jan. 31.

## WELLAND WALL OF ART

Welland artist Daniel Pigeon is featured this month and December at the Welland Wall of Art at Welland Civic Square. More information is available by calling 905-732-2455.

## CHAIRTIC FUNDRAISER

Pelham artists have painted oak children's chairs from when Pelham Public Library was built. Each chair is signed by the artist and comes with a gift basket. Bidding at the library runs to Dec. 7.



**FABRICLAND**

WWW.FABRICLANDWESTERN.COM

**MEGA MARKDOWN MADNESS!**

THURSDAY NOVEMBER 21 - SUNDAY NOVEMBER 24, 2013

**OUR ENTIRE STORE\* ON SALE FROM 50% OFF** OUR REGULAR PRICE

**BUY 1 METER AT OUR REGULAR PRICE GET 2 METERS FREE FROM SAME BOLT**

ALL IN STOCK <b>CHRISTMAS</b> FABRIC, DECOR & TRIMS <b>50% off</b> OUR REGULAR PRICE	ALL IN STOCK <b>DRAPERY</b> FABRIC, TRIM, HARDWARE & READY MADE ITEMS <b>50% off</b> OUR REGULAR PRICE	ALL IN STOCK <b>BASIC</b> FABRICS INCLUDING <b>FLANNELETTE</b> <b>50% off</b> OUR REGULAR PRICE	ALL IN STOCK <b>QUILTING</b> FABRICS & NOTIONS <b>50% off</b> OUR REGULAR PRICE
---	---	---	--

SHOP EARLY FOR BEST SELECTION-SELECTION VARIES BY STORE

\*SALE PRICES GOOD ON SELECTED REGULAR PRICES IN STOCK MERCHANDISE ONLY. NO SPECIAL ORDERS, NOT VALID ON PURCHASE & SALE ITEMS, CLOTHES, HOOKS, VEILS, HIRNS, PETERBILLS, LINGERIE, BATHING, FURNITURE, FLOOR, SPECIAL ORDERS, CUSTOM ORDERING, GIFT CERTIFICATES OR HOME ACCESSORIES. DISCOUNTS APPLY TO OUR EVERYDAY LOWEST STORE PRICE. OFFERS NOT VALID ON PREVIOUS PURCHASES.

<p><b>FABRICLAND</b></p> <p><b>MOUNT CARMEL CENTRE</b> 3770 Montrose Rd., Niagara Falls <b>354-7117</b></p>	<p><b>FABRICLAND</b></p> <p>575 Welland Ave., St. Catharines <b>605-6595</b> www.fabriclandwestern.com</p>	<p>Store Hours Mon.-Fri. 9-9 • Sat 9-6 Sun 12-5 34 DOUGLAS AVE., Welland <b>734-3836</b></p>
---	--	--



**DON CHERRY'S Sports Grill**

LET US HOST YOUR  
**CHRISTMAS PARTY**

**BOOKING NOW**

FOLLOW US on Twitter @doncherryspc

**3 Marina Rd., Port Colborne, ON L3K 6C6**  
**905-834-1500**

CHRISTMAS DECOR • GIFTWARE • AND MORE!

**Christmas OPEN HOUSE**

SATURDAY NOVEMBER 23 • 9am - 8pm  
SUNDAY NOVEMBER 24 • 9am - 8pm

Enjoy a cup of Odeur, Hot Chocolate & Goodies!

**Great Instore Specials**

Premium #1 Christmas Trees Arriving November 22	Elegant Porch Pots Best Value in Town! Starting at \$24.99	Fresh Greens - Cedar, Spruce, Pine, Yew, Hemlock & Fraser Fir - Cedar garland, Fraser Fir wreaths
---	--	---

**PAUL'S Garden Centre and Gift Store**  
Premium Product, Great Service, Fair Prices... Always!

www.paulsgardencentre.com | NEW HOURS: OPEN DAILY 9am - 8pm Mon-Sun 7 DAYS A WEEK! | 103 Shaw Street, Welland (Corner of Prince Charles) 905-732-5123



■ **BUSINESS:** Formerly controversial issue evaporates with support

# Food trucks prove popular at NOTL council

SUZANNE MASON

Special to QM Agency Niagara

NIAGARA-ON-THE-LAKE — There was nothing but praise for gourmet food trucks at events, markets and wineries during a recent public meeting on the previously controversial issue.

Ten people spoke in favour of proposed zoning bylaw amendments for management of the industry, before an overflowing public gallery. The speakers included restaurant and winery owners, food truck operators and local residents.

Jamie Slingerland, of Pillitteri Estate Winery, said 25% of events held at the winery involve food trucks, with local caterers and restaurants providing food the rest of the time.

"There are opportunities for all of us to work together," he said, adding food trucks have a strong following.

"I have yet to see a simple burger and fries."

Olde Angel Inn owner Barry Williams said he was speaking on behalf of 55 to 60 operators of tourist accommodations and businesses in the heritage district.

"There is room for food trucks," he said. "I think the bylaw is somewhat of a level balance (between food trucks and restaurants)."

Doug Widdicombe, president of the Village Community Association, said the Saturday morning and Wednesday evening markets held in Garrison Village attract a lot of people from the town and across the region.

"Our residents love it," he said. "Food trucks are really welcome in the neighbourhood."

Event co-ordinator Lauren O'Malley Norris said food trucks bring "a beautiful young dynamic" to the community.

She noted people who come to events where there are food trucks also spend money on other amenities in the town.

One of the owners of the Yellow Pear food truck, Nicole Riddale, asked councillors to consider allowing longer periods for food trucks to park at a winery. Under the proposed legislation, one food truck would be allowed at a winery for a 24-hour period once a week. That would be in addition to current rules that permit wineries to hold 24 special events per year.

Riddale, who also operates a restaurant at Southbrook Vineyards, said she would like to see wineries have the option of having food trucks on site for two or three days at a time.

"We're really big thinkers and really good cooks," she said.

Sid Friedman, one of founders of the Ontario Food Truck Association, also questioned the 24-hour clause. He said many visitors stay in Niagara-on-the-Lake for the weekend visiting wineries, restaurants and other local businesses.

"I'm really glad to see the community come together," said Coun. Andrea Kaiser, after the public meeting.

Councillors voted to receive the recommendations from staff for the draft zoning bylaw amendments to allow food trucks to operate at events on private property. There is no provision for permitting food trucks on public property without the consent of council or in the Queen Victoria commercial zone.

The amendments to the zoning bylaw will come to council for approval in December or in early 2014.



St. Catharines-based El Gastronome Vagabundo is seen here at a food truck event earlier this year. Niagara-on-the-Lake recently dealt with the food truck issue at council.

IMPORT NEWS/FILE PHOTO

## SAY GOODBYE TO... Your Unwanted Hair With LASER HAIR REMOVAL

3 Treatments For Only \$99<sup>+HST</sup>

Choose one from the following:

- Upper Lip
- Bikini Line
- Chin
- Neck
- Cheeks
- Underarms

Reg Price \$70 = \$100 per treatment

Hair Removal Treatment for the top of feet and Toes included  
FREE with each \$99 package



LASIK  
provision  
LASIK  
TECHNOLOGIES  
NIAGARA FALLS

Director of Aesthetic Services  
Celebrating over 20,000 procedures

lasikprovision.com 6800 Morrison St.

905.371.3217 or 1.888.510.2020

## DENNIS O'REILLY CONTRACTING AND CARPENTRY

Look no further to get professional results

- Remodeling the Niagara Region for the past decade
- Dedicated to providing the finest quality of service and materials for your dollar
- Written warranties

Always a fast, friendly and **FREE** estimate

"Don't settle on part time service"

Ph: 905-894-8599



## ■ ANNOUNCEMENT

# St. Catharines to host Pan Am rowing

GRANT LAFLECHE  
QMI Agency Niagara

It was, in the words of St. Catharines Mayor Brian McMullan, the worst kept secret in Ontario.

That the Royal Canadian Henley Rowing Course would host the rowing events for the 2015 Pan Am Games has been a foregone conclusion for months.

"Still, I am pleased that we can say it's official now," said McMullan at a press conference last Friday that officially announced the Martindale Pond as the site for the Pan Am Games rowing competition. Aside from hosting what organizers are calling the largest international sporting event in St. Catharines' history, the rowing course will be getting a more than \$630,000 facelift.

The federal government and the city are partnering to replace the bridge connecting Henley Island to the city, along with improvements to the grandstand and the rowing course

itself.

"Being here is a reminder of the ingenuity, pride and tenacity of those early pioneering athletes and supporters," said Ian Troop, CEO of the Toronto 2015 Pan Am/Parapan Games organizing committee speaking of the city's rowing history. "In 2015, we are going to build on that heritage. The Pan Am Games promise to create some truly exciting and historical moments."

The selection of the Henley as a site for the games was praised by three-time Olympic gold medalist Marnie McBean, who competed in the World Rowing Championships held at the island in 1999.

"Rowing before a Canadian crowd is amazing," said McBean. "In 1999, that was the period when I began to struggle. Turned out I had a back injury and I wasn't going as fast I as could."

She said having a local crowd to push her and cheer her on grew her through a difficult semi-final race.

St. Catharines MP Rick Dykstra said the federal government is contributing \$465,000 to replace the bridge and improve the course. The city is pitching in \$364,000, McMullan said.

Jim Bradley, St. Catharines MPP, said the province is funding the operation of the games and expects it to generate some \$82 million in tourist revenue for the province. Some of that money, he expects, will be spent in Niagara.

However, that expectation has been made before. St. Catharines has hosted large rowing events in the past, particularly the world rowing championships in 1970 and again in 1989.

The 1989 event was billed as something that would draw substantial tourist dollars to the city and the region, but that economic spin-off never really materialized, with spectators often leaving the region after the rowing events ended.

McMullan and Bradley said the Garden City and Niagara Region have more to offer tourists since 1999.

"In St. Catharines we're going to have the new wine route going right through downtown. We'll also have new facilities open like the arts centre," he said. "I think we just have a lot more to show and to offer."

Bradley said more effort will be made to promote Niagara attractions, from Niagara Falls to wineries in Niagara-on-the-Lake in an attempt to draw some of the Pan Am Games tourist dollars to the region.



JULIE JOCSAK/QMI AGENCY NIAGARA

From left Michelle Darvill, rowing coach, Kate Goodfellow and Eric Wolfe, rowing athletes, are introduced to the crowd during an announcement regarding the 2015 Pan Am games Friday. Henley Island will host the rowing events for the games.



**Port  
Thrift  
Shop**

**"SELLING QUALITY USED ITEMS  
AT AFFORDABLE PRICES.  
"UNIQUE ITEMS ON OPEN  
BOOK AUCTION.**

30 years at 12 Charlotte St. in **downtown** Port Colborne,  
we have expanded—thank you for helping to make us better.

Celebrate with us on

**Wed. Nov 27, 2013 with Ribbon cutting at 11 a.m.**

Be sure to visit our partner store "New to You" at 53 Southworth St. in Welland.

We are nonprofit with registered charitable status, a program of  
Mennonite Central Committee and the Brethren in Christ Church.

Where every purchase is a gift to the world.

**905.835.8532**

## Ginny's Fancy Footsies

**25% OFF of your first visit  
with this coupon!**

### WE OFFER

- Manicures
- Pedicures
- Gel Manicures
- Hair Removal
- Tarot Card/Specialty Card Readings
- Heat Therapy
- And More ...

**It's worth the 8 minute drive  
to the country  
&  
lots of free parking**

Sanitization is very important to us!

*Welcome  
to our spa!*

We are located at  
2813 Miller Road, Port Colborne.

**Call 905-380-6409**

By appointment only.



# LOCAL NEWS

## MP GOES TO SCHOOL



DAVE JOHNSON/OMI AGENCY NIAGARA

Welland MP Malcolm Allen bends down to hear a question from a student at St. Mary Catholic School in Welland Monday, in observance of UNICEF Canada's Bring Your MP to School Day.

## Malcolm Allen listening to youths

DAVE JOHNSON  
InPort News Staff

WELLAND — Youths need to be heard.

"We forget they have really important things to offer and we should hear them," said Welland MP Malcolm Allen Monday just inside the doors of St. Mary Catholic School on Plymouth rd.

Allen, fresh from a Remembrance Day ceremony in Port Colborne, was at the school as

part of Bring Your MP to School Day.

UNICEF Canada puts on the event, which is actually to be held on Nov. 20 as part of National Child Day.

Allen said the school asked him to come, and being back in Parliament next week this was the only time he could accommodate the request.

He said despite the fact the students are too young to vote, they still deserve to be heard and listened to.

Children, Allen said, come up with and do very remarkable things.

He pointed to the example of Craig Kielburger who formed Free the Children when he was 12 alongside his brother Marc. The two also went on to form the Me to We social enterprise.

Before heading to the school gym to talk with students from Grade 4 to 6 at the school, Allen said the one question he gets asked when he speaks with youngsters is how much he makes.

"Even though their teachers

tell them not to ask, one child will always ask. You can see their teacher's face cringe," he said.

For the record, he's paid more than \$160,000 a year.

"I tell the students they can

look that up online ... it's public record."

dave.johnson@sunmedia.ca  
Twitter: @DaveTheBibone

“Even though their teachers tell them not to ask, one child will always ask. You can see their teacher's face cringe.”

MP Malcolm Allen

*We'll give you something to*  
**SMILE** *about!*

• Full & Partial Dentures • Emergencies & House Calls  
• Free Consultation • Upper & Lower Dentures  
• Some Day Repair & Reline Service Available  
118-A West St. Port Colborne

**Horbert Gieger** » 905.835-2155

The Robert Wood Singers  
& The Wood Kids

present

The Child At Christmas

Sunday Dec. 8th, 2:30 pm at

Centennial High School Thorold Rd., Welland

Available at:

- The Log Cabin: Fonthill
- Arcuri's Cheese: Welland
- Games-a-Lot: Seaway Mall
- Ryson's Music: St. Catharines

Adults: \$15.00 Children (2 & under): \$8.00



LIKE US ON  
FACEBOOK

facebook.com/InPort News

FOR PEOPLE GOING PLACES



**Patrick Ciantar**

Sales Manager  
Performance Toyota Scion

Welcome Patrick!

Vinos Leplante, General Sales Manager, Performance Toyota Scion is pleased to welcome Patrick Ciantar as a new member of our team.

Patrick, a lifelong resident of Port Colborne, has been exceeding customer expectations in the automotive industry for over 24 years.

"I'm very excited to join Performance Toyota Scion", states Patrick. "Working with such a quality company, dedicated to customer satisfaction has made the transition to Toyota a great decision."

Patrick invites all friends, associates, and past customers to call, email, or visit him at Performance Toyota Scion.

WE ARE HAPPY THAT PATRICK HAS CHOSEN  
TO GO PLACES WITH US.

**Performance Toyota Scion**  
for people going places

262 Lake Street St. Catharines  
905-934-3336

pciantar@performancetoyota.ca  
www.performancetoyota.ca

# Breakfast with SANTA

Saturday, November 30th  
& Sunday, December 1st

Seating Times  
8:00am & 10:00am

\$15 per person

includes tax & gratuity,  
kids under 3 are free



## Breakfast Buffet

including:

juice, milk, chocolate milk,  
coffee, tea  
breakfast cereals  
scrambled eggs  
sausage  
home fries  
pancakes  
jello  
rice krispie squares

## Activities

photo with Santa  
cupcake decorating  
face painting  
Christmas crafts

Bring  
a letter  
to Santa

**TO BOOK YOUR RESERVATION**  
please email  
sales@riverstoneeventcentre.com

or call Jill or Terry  
at Riverstone (905)714-1818  
or purchase at MT Bellies bar

**RIVERSTONE**  
EVENT CENTRE

414 River Rd., Welland ON  
www.riverstoneeventcentre.com

## ■ CRIME: Four arrests made

# Drugs, gun seized in Port Colborne

InPort News Staff  
PORT COLBORNE — A search warrant led to the arrest of four people and the seizure of crystal meth and a sawed-off shotgun from a Port Colborne home.

Niagara Regional Police recently began investigating the sale of methamphetamine in Port Colborne and on Wednesday a search warrant was executed at a Killaly St. E. residence.

As a result, police seized about \$2,000 in methamphetamine, a small amount of cocaine and marijuana, various prohibited and restricted weap-

ons, including a sawed-off shotgun, and stolen property valued at about \$1,300. Four people were arrested as a result of the investigation.

Trevor Lafontaine, 34, and Heather Price, 22, both of Port Colborne are each charged with possession of a controlled substance for the purpose of trafficking, possession of a controlled substance, possession of proceeds of property obtained by crime under \$5,000, two counts of possession of a prohibited weapon, unauthorized possession of a firearm, careless storage of a fire-

arm, unauthorized possession of a restricted firearm, and possession of property obtained by crime under \$5,000.

Joshua Hill, 31, and Shane Rutledge, 30, both of Welland, are charged with possession of a controlled substance for the purpose of trafficking, possession of a controlled substance, possession of proceeds of property obtained by crime under \$5,000, and possession of property obtained by crime under \$5,000.

Rutledge and Lafontaine are also each facing an additional charge of breach of probation.



AARON BOGGIO  
R.Ph. B.Sc. PHM

**BOGGIO**  
Family of Pharmacies

**Ask Our**

*Pharmacists*



LARRY BOGGIO  
R.Ph. B.Sc. PHM (owner)

**FLU SEASON MEANS FLU SHOTS! NOW CONVENIENTLY  
AVAILABLE AT ALL BOGGIO FAMILY OF PHARMACY LOCATIONS!**

The practice of using vaccines to protect from infectious diseases goes back to the year 1000 AD. People have been researching, discovering, and improving vaccines for over one thousand years since then. During this time mankind has experienced many — often lethal — infections: small pox, diphtheria, tetanus, anthrax, cholera, plague, typhoid and tuberculosis to name a few. Fortunately, through the use of vaccines and antibiotics, many of these are no longer existent and those that have not been eradicated are under better control than ever.

There has, however, been considerable debate over the idea of vaccination. Many people are still not convinced that vaccines are a good idea despite the fact that every healthcare professional would agree that they are. There are very few risks associated with vaccinations and the side effects are generally mild. They may include:

- FATIGUE
- PAIN, REDNESS, TENDERNES OR SWELLING AT INJECTION SITE
- HEADACHE
- ITCHING AT INJECTION SITE
- NAUSEA
- DIZZINESS OR PAINTING (MOST COMMON IN ADOLESCENTS)
- FEVER
- MILK RASH

More serious side effects from a vaccine may result from an allergy, but these are very rare (less than one in one million doses given). The important message is that there are far greater benefits to immunization than there are risks.

One of the most talked about vaccines in autumn is the flu vaccine. As we approach winter, it is time to prepare ourselves for Flu Season. What better way to prepare than to get the flu shot and prevent getting the flu in the first place? It is generally recommended that everyone over the age of 6 months get the flu shot. It is especially important for women who are pregnant or breastfeeding, people who work directly with the community, people who are at high risk of flu-related complications or hospitalization, and people with certain chronic health conditions. If you have questions or concerns about whether the flu shot is right for you, please speak to your doctor or pharmacist.

Trained pharmacists are now holding flu clinics in some pharmacies to increase awareness about the importance of getting immunized and provide greater ease of access to the flu shot for community members. This year the flu shot will be offered free of charge at each of the Boggio Family of Pharmacies locations. Come by one of our pharmacies to get your flu shot in a clean, comfortable, convenient setting.

**BOGGIO PHARMACY**

200 Catherine St., Port Colborne

**905.834.3514**

**www.boggios.com**





# give more, spend less



## BLUE HAT REMOTE CONTROL CAR

**\$8**

#657234



## THE BAT & BATMAN GLIDER

**\$16**

#651294



MY HOME  
PLAYSET  
#651605

**\$6**



REMOTE CONTROL  
DINOSAUR

**\$8**

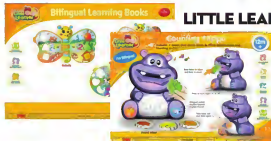
E.A.



REMOTE CONTROL  
SPIDER

**\$16**

E.A.



## LITTLE LEARNER

**YOUR PICK!**

LITTLE LEARNER  
LEARNING BOOKS  
OR COUNTING  
HIPPO

#651490/593301

**\$10**

E.A.



#653492

**\$20**



REMOTE  
CONTROL  
HELICOPTER

#653636

**\$40**

Prices in effect November 21<sup>st</sup> - 24<sup>th</sup>, 2013, while quantities last.

# GIANT TIGER

— your **save on everything** store —

200 Fitch Street, Welland

Store hours: Mon. - Fri. 8 am to 9 pm  
Sat. 8 am to 6 pm • Sun. 9 am to 6 pm

**Join us!**



WATCH, PIN, POST, LIKE, FOLLOW OR TWEET

**GIANTTIGER.com**



GIANT TIGER, TIGER, GIANT, TIGER HEAD DESIGNS AND OTHER TRADEMARKS IN THIS AD ARE REGISTERED AND UNREGISTERED CANADIAN TRADEMARKS OF GIANT TIGER STORES LIMITED AND ARE LICENSED TO ITS FRANCHISEES.

■ **REVAMP:** Website made more user-friendly

# Video shows Thorold's efforts to improve accessibility

**JEFF BLAY**  
QMI Agency Niagara

Thorold is making strides in becoming a more accessible community for all.

The city has been actively implementing a host of initiatives outlined in the Accessibility for Ontarians with Disabilities Act (AODA) over the past several years, and its

efforts were recently given a supportive nod by the province.

The Ministry of Community and Social Services, through its Ontario Accessibility Twitter handle, recently shared a link to a video that showcases some of the ways Thorold has improved accessibility within the community.

"Accessibility is all about positive changes in our communities and our businesses, and the video was created as part of our efforts to recognize and promote local accessibility accomplishments," said Darren Cooney, manager of Ontario Accessibility's public education and partnerships unit.

"In showing these videos, Ontarians can learn about the different approaches to making their communities accessible and inclusive."

"A picture is worth a thousand words, but I think a video is worth a thousand more on top of that." The video highlights several of Thorold's initiatives, from new building codes and standards with a focus on accessibility, to incorporating accessibility functions like access ramps into city playgrounds and the new city hall building.

"We're very happy to see what

Thorold's been doing in this area," Cooney said. "Municipalities and broader public sector organizations have to do these things sooner than businesses, so in many ways, they're leaders and trailblazers because they set the stage for the business community and for not-for-profits."

More recent efforts in Thorold include accessibility components being built in to transit stops and city buildings like the Nick Basciano Centre and new Thorold seniors' centre.

But it's not only about making things physically accessible to the public.

"Basically anything we do, everyone should be able to access it," said Donna Delvecchio, Thorold's deputy clerk. "That means making all of our information and documents accessible as well as our buildings and public sites."

For example, the city recently revamped its web site, [www.thorold.com](http://www.thorold.com), making it user-friendlier all around.

And all public documents available on the web or at city hall have to be available in a variety of formats.

"If something is in PDF form

and you need it in brail, we have an obligation to provide it to you in brail," Delvecchio said.

Donna Harrington, an accessibility consultant who serves on the city's Joint Accessibility Committee, commended the city's focus on making things not only barrier free, but universally accessible.

"They're not looking to create things that are just barrier free or specific to people with disabilities, the focus is on making it a totally inclusive community for everyone," she explained. "I find city staff are very proactive and well versed in universal design and AODA requirements and they get stuff done. They're really on the ball."

To view the video showcasing Thorold's accessibility efforts, search "accessibility Thorold" on YouTube.

More information on the AODA and the available accessibility resources in Thorold can also be found on the city's web site, [www.thorold.com](http://www.thorold.com).

[jeff.blay@sunmedia.ca](mailto:jeff.blay@sunmedia.ca)

## LEAKY BASEMENT?

**Wet & Humid**  
*No More!*





- OUTSIDE WATERPROOFING
- FOUNDATION REPAIRS
- STRUCTURAL LIFT
- FOUNDATION STABILIZATION
- SPRAYED RUBBERIZED JACKET
- EPOXY INJECTION
- CAMERA INSPECTION
- DRAINAGE WORK
- INT & EXT WEEPING SYSTEM
- SUMP PUMP
- BACK FLOW VALVE
- SEWER REPLACEMENT
- WATER LINE UPGRADE



**WWW.WET AND HUMID NO MORE .CA**  
Office : (289) 296-3076  
Mobile : (905) 329-8766  
Toll Free : 1 800 578-0991



## CREATING BEAUTIFUL SMILES IN THE NIAGARA REGION

**KAMATOVIC ORTHODONTICS**

BRACES FOR ALL AGES

[kamatovicortho.com](http://kamatovicortho.com) • (905) 356-7919

Richness is:

# OUR HOCKEY HEROES



2013/14

## NHL Alumni Tour

[WWW.BENEFITHOCKEY.COM](http://WWW.BENEFITHOCKEY.COM)

NHL ALUMNI HOCKEY CLUB vs. THE WHITE HOUSE ALL-STARS

**THURSDAY, NOVEMBER 21, 2013**  
GALE CENTRE

4171 4th Avenue, Niagara Falls, ON  
Puck Drops at 7:00 PM • Doors Open at 6:00 PM  
For tickets call 1-877-431-0685

You're richer than you think!

Scotiabank

7/7  
WEL  
610

The Standard  
REVIEW

THE TRIBUNE

■ **NRP:** Guilty of discreditable conduct under Police Services Act

## Niagara police officer demoted, docked 90 hours

**BILL SAWCHUK**  
QMI Agency Niagara

A Niagara Regional Police officer who pleaded guilty to discreditable conduct has been demoted from first-class to second-class constable for three months and docked 90 hours of pay.

The charge under the Police Services Act was laid after Const. Jeffrey May, a 10-year veteran of the service, pleaded guilty to the criminal charge of theft under \$5,000 in an Owen Sound court-room in January.

"The public needs to know police officers who commit this type of offence will be held to account," hearing officer Insp. George Bench told a disciplinary tribunal Tuesday morning in St. Catharines. "He has brought discredit to himself and the police service."

Bench said police officers are held to a higher standard than the general public.

In accepting a joint submission from Leanne McElroy, CAO of the Niagara Region Police Association who was representing May, and Supt. Scott McLean, acting as the hearing prosecutor, Bench took into consideration May's guilty plea and evidence he had accepted responsibility for his actions.

While stating "he can't overlook theft-related conduct," Bench acknowledged May was undergoing a number of personal struggles at the time of the

incident in December 2011, including the death of his mother for whom he was the sole caregiver.

Bench said May's post-incident actions were "admirable."

May has been working as a volunteer and is in therapy, a statement to the court said. He also paid restitution and was given an absolute discharge with no criminal conviction for the June, 2011 incident in which he was seen destroying a fence and removing and disposing of surveillance cameras worth more than \$1,000 from his next-door neighbour's property on the Bruce Peninsula.

May was at the family cottage to remove his mother's items when the offence occurred, a statement to the court said.

He has the option of forfeiting the 90 hours' salary or working for that without pay, Bench said. The 90 hours must be completed by Sept. 30, 2014.

A Welland native, May became the NRP's eldest recruit when he switched from a career in sales and marketing to join the service in 2003 at the age of 45.

Three other NRP officers facing Police Services Act actions — constables Bill Schoenhals Jr., Tim Packer and Gregory Keldson — had their hearings adjourned until Feb. 11.

bill.sawchuk@sunmedia.ca



# LIKE US ON FACEBOOK

facebook.com/InPort News



## nofrills

lower food prices

### WON'T BE BEAT®

If you find a cheaper price, simply show us and we will match.

See Store For Details

## November 22<sup>nd</sup> - 28<sup>th</sup>, 2013



**FRESH PINEAPPLES**

Product of COSTA RICA

**\$1 EA.**



**EMPIRE APPLES 1KG BAG**

Product of CANADA  
FANCY GRADE

**\$1 Bag**

**Bliss Magic Fresh Collection**  
Pet Friendly Self-Cleaning Carpet

*Bliss* Proven to be charged up to 100% in 10 minutes Starting at

**\$2.79**

12mm Laminate Flooring From \$1.59	Vinyl Flooring From \$39¢	Porcelain Tiles From \$1.99	Carpet or Vinyl Installed in Back Room Only Your Choice \$1.99
--	------------------------------	--------------------------------	---

All prices per sq. ft. Some quantities may apply. Colors and styles may vary. See us in store for details.

**Crescent  
Flooring**

409 Walden Blvd. Fort Erie  
(Behind Sobey's on Garrison Road)

905-994-7687 Toll Free 1-855-866-0422



Call us for a free estimate!  
Monday-Friday 8:30AM-6PM  
Saturday 10AM-3PM  
After Hours Appts. Available!  
f www.crescentflooring.com

**Brent & Jenny's** | 53 West Side Rd.  
**NoFrills** | Port Colborne

## ENVIRONMENT

# A hand up with sustainability

**ROB HOULE**  
QMI Agency Niagara

Companies looking to reduce their carbon footprint with the added ben-

efit of saving money have a friend in the Niagara Sustainability Initiative.

NSI is a non-profit organization that works with Niagara businesses to help them with sustainability ini-

tatives and projects.

"Primarily how with do that is through what we call the Carbon Project," NSI executive director Katrina Kroeze said.

Businesses "who join us... join us in the Carbon Project, and that allows them access to reporting their carbon footprint using a software — a carbon accounting tool software — that we set them up on and train them on, and educate them on what it means to report on your carbon footprint."

Environmentally conscious companies are not only looking to pollute less, they are also looking to save money, Kroeze said, and the NSI offers tips on everything from water conservation to waste management to decreasing electricity consumption.

In addition to measuring carbon emissions, NSI helps companies achieve their sustainability goals by offering workshops.

"The events that we host are either an educational event or a technical event," Kroeze said. "Education being that we bring in the experts and they do best-practice sharing. They talk about success at their place of work, whether it was implementing a waste-reduction strategy or energy efficiencies."

A technical workshop is more hands on, Kroeze said. And offers members "resources they can take back to their place of work and implement right on site. How to

form a green team, how to implement electricity efficiencies, how to do a waste audit, things like that."

The NSI will host its next event — Getting to Zero Waste: Best Practices in Waste Management — on Nov. 26 between 8-10:30 a.m. at the St. Catharines Golf and Country Club. A GM employee will be the keynote speaker at the "educational event" and will talk about the company's zero-waste to landfill program. A member from the Recycling Council of Ontario will also speak. The addresses will then be followed by a panel discussion involving the representatives from GM, the recycling council and a representative from Walker Industries. To register for the event, go to the NSI website at <http://niagarasustainability.org>. The event is free to members, and \$40 for non-members.

Niagara Sustainability Initiative, which is in its third year, currently has 15 member businesses who pay a yearly membership of \$500 to \$5,000, depending on the amount of employees, Kroeze said. Other NSI funding comes from sponsorships and from the Ontario Trillium Foundation.

[robert.houle@summedia.ca](mailto:robert.houle@summedia.ca)

## PORTAL VILLAGE PLAZA

Killaly St. W. & Steele St  
PORT COLBORNE

**WOW**  
EXPRESS  
YOURSELF

WITH A NEW SMART

**LOOK!**

FASHION  
FRAMES UPTO **30% OFF**

Value  
Frames **From \$50.00**

**LENS SPECIALS**

BRING YOUR VISION PRESCRIPTION TO

**SMITH  
OPTICAL**

**905-835-6607**

482 STEELE ST., PORT COLBORNE

Do you have a  
**HEARING PROBLEM?**

**WE CAN  
HELP!**  
**HEARING  
AIDS**

**AT AFFORDABLE  
PRICES From \$495**

PER AID AFTER GOV. GRANT APPLIED

**BONUS 3 YEAR WARRANTY**

*Personalized Service*

**BOOK  
YOUR**

**HEARING TEST**

Cheryl Smith-Interiors  
Hearing Instrument  
Specialist



**SMITH  
OPTICAL & HEARING**

**905-835-6607**

482 STEELE ST. PORT COLBORNE



**EYE EXAMS  
OPTOMETRIST at  
Portal Village Plaza**  
**905-834-0532**  
482 STEELE ST. PORT COLBORNE



**12 beers on tap**  
featuring local craft  
breweries

Watch all the kids games including LEAFS TV  
on our 70" TV's. Daily deals.

Monday- Pint of any Craft beer and  
1lb of wings for **\$10**

Wednesday- **\$12** pitchers of James Ready  
5.5 Lager all day

Thursday- Pint of craft beer and any burger for **\$12**

Saturday- 2 for 1 wings (eat in only).

**\$15** Mooshead pitchers

Watch football on Sundays - **\$10** Nachos,  
32oz mini pitcher Caesars **\$9**

Like Iggy's Pub and Grub on  
Facebook and follow us  
on Twitter @iggyspub for up to date  
draft selections and daily food specials.

**BOOK YOUR  
CHRISTMAS  
PARTY NOW**

**905-892-6667**

115 Hwy 20 east Fonthill, L0S 1M0.





## ■ EDUCATION

# Board renews call for special-needs money

DON FRASER  
QMI Agency Niagara

Niagara's public school board has ramped up its call for more provincial funding for its special needs programs.

The District School Board of Niagara says it has been chronically underfunded on a per-student basis for nearly a decade. Had it received the average provincial school board amount, that would have meant \$9 million more per year.

Instead, it has dealt with a shortfall of about \$90 million over that period.

Repeated calls to address the matter have gone unheeded by the province, trustees charged Tuesday night. The board was told Oct. 25 that letters to Education Minister Liz Sandals and Premier Kathleen Wynne urged the two to visit the board, check out its programs and listen to the DSNB plea.

"We've been after this for 10 years," said trustee Dalton Clark. "There have been countless meetings ... we've

pleaded with several different ministers.

"We've never had any luck, but we just can't just stop trying as it means so much to our special education kids."

Board officials say the "inequitable distribution" of "high needs amount" funds at \$355 per student put it second-lowest of school boards in Ontario.

Given average per-pupil funds to other boards is \$636, it says a more equitable provincial distribution process is needed.

Clark also referred to the Niagara Catholic District School Board, which he said "gets for whatever reason, more money than we get."

Meanwhile, Niagara Catholic education director John Crocco said his board has been spending more than the ministry has allocated for its special needs students.

In a previous interview, Crocco said his board's funding for special needs students varies. It depends on programs to ensure the appropriate inclusion of students in their home schools and "age-appropriate classes."

To this end, Niagara Catholic spends about \$800,000 to \$900,000 per year more than the ministry provides it through that funding.

At Tuesday's meeting, board chair Kevin Maves said DSNB's efforts for

improved funding would continue, "until they right this inequity."

"It is a travesty, because we could certainly use that money," he said. "We will certainly keep up that fight."

Education director Warren

Hoshizaki said the Niagara board is working with other provincial boards dealing with the same perceived low-funding plight for special needs students.

"We're not asking to add more

money to the education system," he told the board. "We're asking it be distributed fairly ... for special education."

don.fraser@vummedia.ca



## SHERK TIM-BR MART

333 Davis Street (next to Home Hardware) Port Colborne, ON L3K 1Z5  
www.timbermart.ca/sherk/sherk-timber-mart  
Phone: 905-834-4541

**"Lumber merchants since 1810"**  
**FREE DELIVERY**  
(some restrictions apply)

**SPRUCE • PINE • CEDAR • PLYWOODS**  
**• SHEDS • KITCHENS • PAINT • PLUMBING**  
**• ELECTRICAL • BUILDERS HARDWARE**

### VINYL SHED CLEARANCE,

SALE	REGULAR	
\$399	\$699	(4'x7')
\$649	\$999	(8'x8')
\$649	\$1,149	(10'x8')

**Cash & Carry**

**10% OFF ANY WOOD DISPLAY SHED**

**2" x 4" x 8' economy; \$1.99**

**NO HST every 3rd Tuesday of the Month Cash & Carry only**



## SAVE & PARTY

**FULLY COOKED JUMBO CHICKEN WINGS** 907 g/2 lb

- NEW! Extreme Crunch Jumbo (14-20 PIECES)
- Jumbo Crispy (14-18 PIECES)
- Jumbo Crispy Buffalo (14-20 PIECES)

**9.99** **SAVE \$6** **MAX SPECIAL** **NEW Extreme Crunch**

**ORIENTAL PARTY PAK** APPROX. 60 PIECES 907 g/2 lb

**9.99** **SAVE \$4** **MAX SPECIAL**

**Mozzarella Sticks** 15-21 PIECES 454 g/1 lb

**7.99** **save \$1** **MAX SPECIAL**

**Chicken Strips** 27-33 PIECES 1.36 kg/3 lb

**13.99** **save \$4** **MAX SPECIAL**

**Gourmet Chicken Breasts** Choose from 5 varieties! 170 g/6 oz Sold individually

**2.79** **save \$1.20** **MAX SPECIAL**

**LASAGNA 3 DAYS ONLY**

**FRIDAY 22 NOV.** **SATURDAY 23 NOV.** **SUNDAY 24 NOV.**

**7.99** **SAVE \$6** **MAX SPECIAL** **Lasagna**

LIMIT 3 PER CUSTOMER • The 'Big' Tray! 1.81 kg/4 lb

**ALL PRICES IN EFFECT FRI., NOV. 22 TO THURS., NOV. 28, 2013 UNLESS OTHERWISE STATED.**

**St. Catharines 210 Glendale Ave. 905-682-3121**  
**St. Catharines 353 Lake St. 905-648-8812**  
**St. Catharines 100 Fourth Ave. 905-682-6328**

**Niagara Falls 6225 Thorold Stone Rd. 905-354-0198**  
**Fonthill 20 Hwy 20 E. 905-892-4765**  
**Welland 30 Rice Rd. 905-735-6819**

**IT'S GREATER! WE'RE OPEN LATER! Check our website for individual store hours.**

**Look in Friday's paper for your M&M flyer!**

## ■ VACCINATIONS

# Officials issue measles warning

GRANT LAFLECHE  
QMI Agency Niagara

For the first time in years, the public health department is asking Niagara residents to ensure they have been vaccinated against measles.

The measles virus is on the move, crossing the Atlantic last month into Canada and triggering outbreaks in two provinces. Local public health officials are concerned it could hit Niagara next.

Associate medical officer of health Dr. Jessica Hopkins said the current measles outbreaks have been traced to a community of Dutch Reform Christians in the Netherlands. Some people in that community, who do not get vaccinations for religious reasons, have travelled to Canada and spread the disease.

A Dutch Reform commu-

nity in southern Alberta is dealing with an outbreak of measles as a result. There are 28 lab-confirmed cases in Alberta which would normally see one or two a year.

"We have a large Dutch Reform community in Niagara, and the holidays are coming up which is a time when people travel," she said. "So we want Niagarans to know if they want the best protection, they should get vaccinated."

Niagara has already experienced an outbreak of a disease that had otherwise been all but dormant in the region.

In 2012, the region saw a significant spike in whooping cough. Members of a Low German-speaking Mennonite community in the Guelph area do not vaccinate for religious reasons. Some members of that community visited Niagara, spreading whooping cough

to non-vaccinated residents.

Measles is a highly virulent airborne disease. Unlike many airborne viruses, the measles organism can survive in the air for a while after someone has coughed or sneezed.

"We are not talking about something like the flu," said Hopkins.

"If you have a room with 10 susceptible people in it and one infected person walks in, nine of those 10 people will contract measles."

It is not just the ease with which measles spreads that worries public health officials. Measles is very dangerous and can even be lethal.

"One out of every 1,000 people who get measles will have serious swelling in the brain. One or two people out of every 1,000 who get it will die," Hopkins said. "That is

very serious to me."

Vaccination programs are aimed at communities, not individuals, and seek to create what experts call "herd immunity."

Since there will always be some people who cannot be given a vaccine—in the case of measles, that's children under 12 months, pregnant women and people with suppressed immune systems cannot get the shot—the idea is to have as many other people vaccinated as possible.

That way, even those who cannot get the vaccine will receive a degree of protection.

However, for herd immunity to work a substantial portion of the community needs to be vaccinated. In the case of measles, Hopkins said a vaccination level of 95% of the community is required.

"And you have to keep in

mind that even then, you will still have pockets in a community where vaccination rates are low and you can see outbreaks," she said.

Data on how many people in a community are vaccinated is hard to pin down. There is good information about how many school children are vaccinated, but nothing for adults.

In Niagara, Hopkins said the rate of vaccination in school children is right at the threshold of 95%.

"We certainly don't want to see that number slide," she said.

A person needs the vaccine twice or to have been previously infected to be considered immune, she said. Those born before 1970 are considered to be immune, she said, because the measles vaccine was not in use and the infection rate was high.

Those born after 1970 should be vaccinated, she said.

Vaccination rates have declined in North America and Europe in recent years due to fraudulent claims promoted by celebrities that vaccines cause autism. Hopkins said a loss of historical memory is also to blame.

"We haven't had any serious outbreak of measles since the 1970s, so many people have simply forgotten how serious it can be," she said.

Hopkins said residents should talk to their doctors about the measles vaccine or the public health department at 905-688-8248, ext. 7425 for information or to book a vaccination appointment.

grant.lafleche@summa.ca  
Twitter: @grantrants

## Keep Warm This Season...

### Dickies Rider Jacket

Item #D18045

#### Features:

- Quilted performance shirt-jacket
- Interior media slash bag with zipper closure and headphone loop at neck
- Contrast microfibre goggle clean patch
- Subtle chest pocket detailing and faux horn button-snap closure
- 7.5 oz. Yarn dyed twill, 100% polyester



Available at  
**Port Colborne**



**Reg \$54.99 Now \$34.99**

Sale starts November 21, 2013. Ends November 28, 2013.



CANADA'S

CHRISTMAS

Bring it on™

STORE

**THIS CHRISTMAS WARM UP YOUR  
SWEETHEART WITH A  
WARM CAR!!!**

**1/2**

**PRICE  
PROSTART  
INSTALLATION\***

Basic Install - Reg. \$450 - Sale \$250

\*SEE STORE FOR SPECIFIC PRICING  
PORT COLBORNE LOCATION ONLY



#340742-4 - Reg. \$119.99 - Sale \$59.99



#340743-2 - Reg. \$139.99 - Sale \$69.99



#340745-8 - Reg. \$279.99 - Sale \$139.00

**EVERYDAY  
LOW PRICE**



**SAVE 25%**

on a set of 4 General  
Altimax Arctic tires



**BUY 3 GET  
THE 4<sup>TH</sup> FREE\***

Buy 3 of tire shown below at  
our regular price and get the  
4th identical tire for FREE!



**SAVE \$70\*\***

on a set of four Michelin tires

\*\$70 mail-in rebate  
\*\*\$70 mail-in rebate + \$40 cash back



**12 EQUAL PAYMENTS**  
NO FEE • NO INTEREST • FINANCING  
Contact us today for details, see 510

**PORT COLBORNE MALL  
WESTSIDE ROAD, PORT COLBORNE**

**905-835-1155**



**- STORE HOURS -**

**MONDAY TO FRIDAY: 8AM TO 9PM  
SATURDAY: 8AM TO 6PM  
SUNDAY: 8AM TO 5PM**

# Frustration over water systems

**JEFF BOLICHOWSKI**  
(M) Agency Niagara

A regional council committee passed on a call to amalgamate Niagara's plumbing Thursday.

Faced with a report showing Niagara Region and its 11 water-providing municipalities could benefit by combining operation of their water and sewer systems, councillors at a strategic planning committee instead voted to work with local governments to share best practices.

But they laid out no guidance or endorsement for a new governance model.

That came despite a consultant projecting savings as high as \$11.5 million annually — or

increased costs of \$2.5 million — from amalgamating. The report ranked a unified system highest among three options.

"This is a little bit more nibbling," said St. Catharines Coun. Brian Heit. "That's all it is. Seventeen years later and we're still nibbling."

"When are we going to get off the pot and do something? This is a long-term decision and we're just going sideways again."

Councillors largely rallied behind Lincoln Mayor Bill Hodgson's call to share the best ways to run a waterworks with the lower-tier municipalities.

"There's nothing unique about what's happening in Niagara," he said.

But some councillors ripped the move as not going far enough.

Heit and St. Catharines Coun. Andy Petrowski both dismissed it as "wishy-washy." Consultant Leo Gohier said only three regional municipalities — Niagara, York and Waterloo — have two-tier water systems. Hodgson said they're the only such systems that Ontario has ever had.

He said many local councils have "put their political lives on the block" and raised water rates to fix their ailing pipes. But he said the report uncovered a lot of valuable information.

"There's a couple of hard truths. If you want to get rid of the (upcoming spending) wall,

we're going to have to come up with a couple of new sources of revenue," Hodgson said.

The walls come as Niagara grapples with one regional and 11 municipal systems in various stages of aging. The report predicted such "walls" in 10 to 30 years.

Gohier said only 76% of the water in Niagara's pipes generates revenue, meaning the pipes are leaky.

He said the Region ends up getting 130% of that flow back as sewage.

"Water consumption is going down — which we know is because of water conservation efforts — but wastewater use is going up," he said.

"There is incredible infrastructure degradation. There

are negative trends. The future liabilities are great." Amalgamating could have come with a \$30-million upfront cost.

Gohier figured the actual yearly savings from amalgamating could be closer to \$5 million or \$6 million. He said municipalities would have to deal with service level adjustments, specifically noting Pelham's "gold standard" of new meters and an automated reading system would likely not benefit.

But he said the current system runs on 12 different strategies, even though what happens in one plumbing system affecting others.

He said the existing system is not sustainable.

"If you're just doing it for the money, it's not worth the political hassle or even the staff hassle. I don't mind saying that. But if you don't do it,

it's going to take you to a bad place," he said. Niagara Falls Coun. Selma Volpatti asked for a list of the three municipalities that would benefit most from the amalgamation. Gohier said he was reluctant to appear to be passing judgment on cities' plumbing.

"I see this as a game of winners and losers here, in a really upside-down way," Volpatti said. "The losers win by sharing and the winners lose by sharing."

St. Catharines Coun. Bruce Tunns slammed the move as simply "tinkering with the status quo."

A report on municipalities' willingness to work with the Region will be back in four months.

[jeffbolichowski@summedia.ca](mailto:jeffbolichowski@summedia.ca)



# SPOTLIGHT on service



**PORT COLBORNE LANDSCAPING**  
*General Lawn & Garden Maintenance*  
Fall Cleanups • Rototilling • Fall Fertilizing  
IN BUSINESS SINCE 1974  
Call Bill Cohoe 905-835-8266

## FORT ERIE DRIVING SCHOOL

**LEARN THE KEYS TO SAFE DRIVING**  
We are a Ministry Approved Beginner Driver Education Course Provider, offering classroom and behind-the-wheel training for teenagers, adults and seniors.

**Weekends:**  
DEC 7, 8, 14, 15

**"BRING A FRIEND" \$25 Rebate**

3860 Dominion Road, Ridgeway 905-894-9041 • [www.gordsdrivingschool.com](http://www.gordsdrivingschool.com)



*My Sisters Closet*

A Ladies Clothing & Accessories Consignment Shop  
The smart choice for people who love clothes!  
Brand Names for 50% to 90% off retail!  
54 Charlotte Street, Port Colborne (next to City Hall)  
**10% OFF when you bring in this ad**  
Like us on Facebook 905-834-6454 Open Tuesday to Saturday

**Reach Over 20,000 Readers!**  
**WITH YOUR MESSAGE IN THIS SPACE**  
For Only **\$20<sup>00</sup>** Per Week  
Based on 13 Weeks  
Call 905-732-2414 x.458



# SPOTLIGHT on service

**Reach Over  
20,000 Readers!**  
**WITH YOUR MESSAGE  
IN THIS SPACE**

For Only \$20<sup>00</sup> Per Week  
Based on 13 Weeks

**Call 905-732-2414 x.458**

*When the electricity fails...*  
**How will you be *AFFECTED?***

**Custom Designed Stand-by Power  
Installations to Suit Your Needs**

**Cornell Feenstra Electric Ltd.**

*All Types of Electrical Installation*  
Pole Line Installation & Aerial Bucket Truck Service  
**Call: 905-899-2373 • Fax: 905-899-2383**



*"Where traditional customer service  
meets modern technology"*

**SERVICE | UPGRADES | REPAIRS | USED COMPUTER SYSTEMS**

250 Kent St. Port Colborne  
**905-834-6333**

graham@scccomputers.com  
[www.scccomputers.com](http://www.scccomputers.com)

## J. SNEEK PLUMBING

**CALL JOHN SNEEK**

**OVER 25 YEARS EXPERIENCE**

**Home: 905-834-2135 • BUSINESS: 905-964-2518**



**Sarah Sharpe**  
Owner & Personal Support Worker  
905-380-8856 • sarahsharp81@gmail.com

**Home Care is Where Our Heart Is**

**Call Today And See Why We Are  
More Than Just Home Care**

### CREDENTIALS

- Member of the Chamber of Commerce
- Fully Insured and bonded
- WSIB
- Carefully selected certified personal support workers

**Family Links  
HOME HEALTH CARE**



[www.dance-expressions.ca](http://www.dance-expressions.ca)

**COME DANCE WITH US**

**DANCE EXPRESSIONS INC.**

**Offering Classes in**

- Ballet • Pointe • Tap • Jazz
- Lyrical • Hip Hop • Modern
- for Students 3 years to Adult

*Training Dancers and Dance Teachers  
in our Community for over 40 Years*

183 Main Street East, Rear Unit, Port Colborne

**905-834-0077**



**TEMPERATURES  
ARE FALLING!**

**CALL FOR A FREE ESTIMATE  
ON FURNACE &  
AIR CONDITIONING PACKAGES**

**WE SERVICE ALL MAKES & MODELS!**

**905-892-7787**

**BOB REID**  
**Heating & Air Conditioning**  
**Residential • Commercial**

*Call and Ask  
About Installing  
Boiler &  
PUMP  
OWNED  
AND  
OPERATED*

## Cement Flex

**NO DIGGING REQUIRED**

- Leaking or Cracked Basements • Chimneys •
- Foundations • Patios • Driveways • Epoxy •
- Pressure Washing • Garage Floors •
- Asphalt Driveways, Colour, Design

Property Maintenance

**Boe Robinson**

**905-894-7206**

# Wonderful WINTER

SUBSCRIPTION

## SALE

SAVE  
UP TO

# 62%

off newsstand price.

Makes a great  
present  
for someone  
special  
on your list!

It may be  
cold outside...  
but our deal is  
**HOT!**

**ONE DAY  
ONLY**  
November  
26, 2013

Purchase a brand new  
subscription, **OR** renew  
your current subscription

52 weeks **\$149<sup>99</sup>** CITY  
*only* **\$199<sup>99</sup>** RURAL

**Don't delay!**  
**Call today toll-free**  
**1-855-533-5594**

**DON'T  
MISS OUT**  
on these  
unbelievable  
*savings!*

welland  
tribune  
ca

## THE TRIBUNE

\*Valid on day of sale only. Plus GST. ALL ORDERS MUST BE PREPAID WITH A CREDIT CARD AT TIME OF ORDER. Offer valid where carrier home delivery service is available. Offer valid for full week delivery only. Operations available to take your order by telephone today only. Special introductory rates are non-refundable. Some restrictions apply. NO WALK IN ORDERS ACCEPTED.

# classifiedextra.ca

Canada's largest and most trusted  
print and online classifieds network

Place it on classifiedextra.ca

Phone: 1-866-541-6757

Fax: 1-866-485-8461

Online: [importnews.classifiedextra.ca](http://importnews.classifiedextra.ca)

Email: [placeit@classifiedextra.ca](mailto:placeit@classifiedextra.ca)

## Building Supplies

STEEL BUILDINGS /  
METAL BUILDINGS  
UP TO 50% OFF!  
30x40, 40x60, 50x60,  
60x100, 80x100 sell  
for balance owed!  
Call: 1-800-457-2209  
[www.crownsteel  
buildings.ca](http://www.crownsteel<br/>buildings.ca)

## Produce/Food

DEVRIES FARM  
Apples, Pears,  
#1's & 2's, Squash &  
Apple Cider!  
825 Centeno Rd. 1  
km West of Fenwick,  
Call 905-886-8724  
Closed Sunday

## Miscellaneous

Butcher Supplies,  
Leather & Craft  
Supplies and Animal  
Control Products.  
Get your  
Haltera 138 page  
FREE CATALOG.  
1-800-353-7864  
E-mail:  
[order@helfordhills.com](mailto:order@helfordhills.com)  
Visit our Web Store:  
[www.helfordhills.com](http://www.helfordhills.com)

HOT TUB  
(SPA) COVERS.  
Best Price.  
Best Quality.  
All Shapes &  
Colors Available.  
Call 1-866-852-6837  
[www.therecoveryguy.com/newspeper](http://www.therecoveryguy.com/newspeper)

## Office/Commercial Industrial

FOR LEASE  
Pric Insurance office  
at Pithers & Quaker.  
Only \$1,350.00 mthly  
+ hydro. On main floor  
with separate  
entrance. Plenty of  
parking. Avail. Dec 1st.  
See website for  
place. Great location.  
Call 905-882-2632

## Real Estate Services

CANCEL YOUR  
TIMESHARE  
NO RISK program.  
STDP Mortgage &  
Maintenance  
Payments Today.  
100% Money Back  
Guarantee. FREE  
Consultation. Call us  
NOW. We can Help!  
1-888-356-1549

## Apartments

2 BDRM. East Wexford.  
No pets. 1st/2nd.  
\$750/mo All Incl. Avail.  
Now 905-834-6924

KINGS MANOR  
on Glen Park Dr.  
1 & 2 bdrm appts.  
Park like setting Extra  
storage. 905-732-5371

## Storage Space for Rent

STORAGE.  
On track, lock, rent,  
(Indoor). Dry Concrete  
905-651-4546 Wainfleet

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## EARN EXTRA CASH

ADULTS, STUDENTS, SENIORS

CARRIER WANTED IN YOUR NEIGHBOURHOOD  
The Tribune is looking for a carrier to deliver flyers  
once a week in your area.

CLARENCE ST., STEELE ST., STANLEY ST & DELHI  
NO COLLECTING

If you would like to earn extra spending money  
Please call CHARLENE @ 905-732-2414 - Ext. 270

## Drivers Transportation

DRIVERS WANTED  
AZ, DZ, S, 3 or 1 with  
airbrakes

Guaranteed 40 hour  
work week + overtime  
paid travel, lodging,  
meal allowance,  
4 weeks vacation/  
excellent benefits  
package. Must be able  
to have extended stays  
away from home,  
up to 6 months.  
Experience Needed  
Valid AZ, DZ, S, 3 or 1  
with airbrakes  
commercial driving  
experience. Apply  
online at:  
[www.sperryair.com](http://www.sperryair.com)  
under career.  
FastTrack  
Application

ON THE CUTTING EDGE

## Chicken Catches

needed! Full time with  
benefits. Please call  
after 8 pm & leave  
message  
905-380-7623

HELP WANTED -  
LOCAL PEOPLE  
NEED!!!!  
Simple & Flexible  
Online Work, 100%  
Genuine Opportunity  
FTT & P/T, Internet  
Needed, Very Easy,  
No experience  
Required. Income is  
Guaranteed!  
[www.usComputerWork.com](http://www.usComputerWork.com)

## NOW HIRING!!!

\$20.00/HOUR  
Undercover Shoppers  
Needed! \$300/DAY  
Typing  
Companies Advertising  
Online. We provide the  
training & the jobs to  
perform Genuine  
Opportunity. P/T/F/T.  
Experience Not  
Required.  
[www.hiremywork.com](http://www.hiremywork.com)

## PATRIOT SURE 1

NOW HIRING

General Laborers - \$18.00/hr  
Toy Motor Operators - \$20.00/hr  
Solutions Analysts - \$30.00/hr  
Waste Treatment Technicians - \$30.00/hr  
Industrial Electricians - \$40.00/hr  
Industrial Millwrights - \$40.00/hr  
Gas Fitters - \$40.00/hr  
Furnace Operators - \$20.00/hr  
Tool Makers - \$30.00/hr  
(must have valid tool & die certificate)  
CNC Technicians - \$25.00/hr  
Press Operators - \$25.00/hr

(must have experience with one of the following  
systems: camlink control systems (link),  
tolo or wincc control systems)  
Parlet Source 1 will offer  
hourly rate - or after 44 hrs of work a week,  
paid accommodations, daily meal allowance &  
12 hour shifts

Interested candidates, please submit resume  
to [job@parletsource1.com](mailto:job@parletsource1.com)

\*Paths are in Northern Ontario, candidates  
must have reliable transportation to travel to the  
work site at time of deployment\*

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## General Help Wanted

## Adult Entertainment

LOCAL HOOKUPS  
BROWSE & FREE  
1-888-628-6790  
Model #57872

HOT LOCAL CHAT  
1-877-590-0553  
Model #5015

Find Your Favorite  
CALL NOW  
1-866-732-0070  
1-888-544-0199  
19

## Renovations

KENS RENOS Kt.  
Bath, Rec rm, put-  
ting, a/c, elect, tile,  
hollow, lam, deck,  
fence, int'l, Repairs.  
Bath dealer Call Ken  
at 905-734-6042

CRIMINAL RECORD?  
Don't let your past limit  
your career plans! Stop  
1898 Confidential, last  
Available in 1-866-  
Paying EMPLOYMENT  
& TRAVEL FREEDOM.  
Call for FREE INFO  
BOOKLET 1-8-NOW  
RECORD.  
(1-866-972-7368)  
[www.RemoveYour  
Record.com](http://www.RemoveYour<br/>Record.com)

## Astrology Psychic Consultants

TRUE PSYCHICS  
For Answers CALL  
NOW 24/7 Toll FREE  
1-877-342-3052  
Mobile: 444-88  
[www.truepsychics.ca](http://www.truepsychics.ca)

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

ON THE CUTTING EDGE

LET'S ALL  
DO OUR  
PART!  
PLEASE  
RECYCLE.



Classified  
Find  
What  
You Want

SMOKE! SMOKE!  
SMOKE!

Beat the temptation.

smokers' HELPLINE  
CANADIAN CANCER SOCIETY

TOLL-FREE  
1-877-5513-5333

Wicks

# The Healthy Cupboard

**FONTHILL**

 111 #20 EAST  
(across from Sobey's)

**905.892.9054**
**PORT COLBORNE**

 101 CLARENCE STREET  
(across from Food Basics)

**905.835.9806**
**Customer**
**Appreciation Day**
**FIRST WEDNESDAY OF  
EVERY MONTH**
**Open Late until 7PM**

**150's  
Bonus Size  
30 Caps FREE**  
while supplies last



## LeafSource STOPS PAIN WITHIN DAYS!

*"It works! I'll take another two bottles please!"*

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's miseries. This is what every owner of a health food store dreams about: a natural product that receives so many outstanding testimonials on such a wide variety of health issues. Ian had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and thanked us over and over again," said Ian. Before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman standing in front of me crying, until she told me that within a few days of taking LeafSource her pain started to disappear and within a week it was completely gone — as if it was never there." Ian goes on, "This coming from a woman whose painful joints and ongoing sciatica were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably

wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the inflammatory process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life back. Millions of people seek treatment for their joint and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDs) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve. There are absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking

anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help enhance energy levels, improve intestinal health, strengthen hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend that LeafSource be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%! That alone should be enough to try this incredible product."

**LOSE THE PAIN**  
LeafSource

**\$300 OFF**  
The Healthy Cupboard

WITH COUPON EXPIRES DECEMBER 15, 2013

# The Healthy Cupboard

**NEW WEBSITE**


**Tanya &  
Ian Birrell**  
Owners of  
The Healthy Cupboard

**TWO LOCATIONS!**
**FONTHILL**  
111 #20 EAST  
(across from Sobey's)

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)

**905.892.9054 905.835.9806**

[www.healthycupboard.ca](http://www.healthycupboard.ca) • [healthycupboard@gmail.com](mailto:healthycupboard@gmail.com)